

Mango Lassi.3

Ingredients

- Plain Curd/Yogurt - 1 cup (250 ml)
- Milk - 1/2 cup (150ml)
- Mango - 3 medium sized, chopped (peeled and seed removed)

Directions

- Blend mango, curd/yogurt, milk, sugar and the ice cubes for about 2 minutes.
- Can add more mango slices or puree(pulp) as per discretion
- Pour into individual tall glasses, and serve.
- Optionally, you can sprinkle with a little fine ground cardamom on top.
- serve chilled
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