

Banana shake

Ingredients

- Banana slices
- 1-1/2 Glass cold milk
- 3 Scoops vanilla ice-cream
- 5 Almonds
- 5 Cashewnuts
- Sugar

Directions

- Blend together banana, milk and sugar in the mixer.
- Add small scoop of ice cream(preferably vanilla).
- Top with crushed almonds and cashew nuts.